

# Timothy

We are going to continue looking at people in the New Testament. Can you remember anything about the people we have already looked at?

- Peter
- Barnabas
- Saul/Paul

1 Timothy 4:12- "You are young, but do not let anyone treat you as if you were not important. Be an example to show the believers how they should live. Show them with your **words**, with the **way you live** (behaviour), with your **love**, with your **faith**, and with your **pure life**."

If people listened to you and watched what you did, would they see a good example?

## Open the Bible

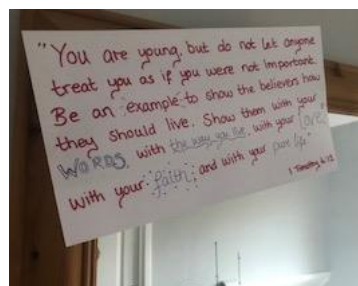
Read Acts 16:1-5 to meet a young man who joined Paul on his journey.

- Paul travelled a lot, teaching lots of people about Jesus. One person he met was Timothy.
- Timothy was raised by his mum and grandma and they taught him about God and about Jesus coming. Timothy knew the Scriptures well. He was young but he was respected by the believers.
- Paul recognised this and wanted Timothy to travel with him. They spent a lot of time together telling people about Jesus. Timothy learnt a lot from Paul.
- When Paul and Timothy were in different places, Paul wrote letters to Timothy to help him.
- Timothy kept learning and kept telling people about Jesus.

## Activity

Mirrors show the reflection of what is in front of them. When people saw Timothy and watched his life they saw a reflection of God's love and grace. He was a Godly example to others.

Write out the verse from 1 Timothy 4:12, decorate it and stick it by your mirror to help you remember to be a good example.



## Song - Every Move I Make



People watch how we live and the things we do. As you listen to or sing this song, think about how you can bring glory to God with every move you make in life.

Here is a video with some cool moves!

<https://www.youtube.com/watch?v=MPvnZILn6EY>

## Pray



Spend some time thanking God that we are never too young to be an example to other people. It is amazing that He uses people of all ages.

Ask God to use you to spread the good news of Jesus.