

Prayer

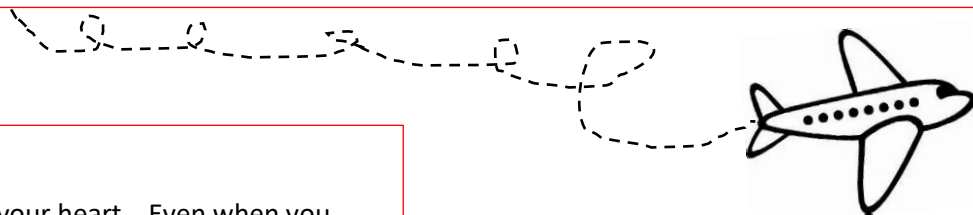
Romans 8:26-27 ICB

"The Spirit helps us. We are very weak, but the Spirit helps us with our weakness. We do not know how to pray as we should. But the Spirit himself speaks to God for us, even begs God for us. The Spirit speaks to God with deep feelings that words cannot explain. *God can see what is in people's hearts.*"

Activity

Write a prayer on a piece of paper. You might like to have a 'Thank You', 'Sorry' and 'Please' section. Make the paper into an aeroplane. Our prayers go straight to God and hears us.

Turn this into a game by writing God on a large piece of paper. This will be your landing target. Throw your aeroplane and see how close you get. Your plane might miss the mark but our prayers never do. Remember that whether they are spoken, written or silent God hears you.



Activity

God knows your heart... Even when you have no words to pray or you don't know how to describe how you feel, he knows what is in your heart.

Draw a heart to remind you of this.



Game

Can you act out a message to someone without using any words?

Song

Prayer is Like a Telephone



Towards the end of the song some words are replaced with pictures, see if you can remember the words!

<http://www.youtube.com/watch?v=7rw4pQKOgWw>



Prayer



Spend some time sitting or lying quietly and chat to God. You might like to put some music on in the background. If you don't know what to say then don't worry, God knows your heart. Enjoy spending the time with him.