







"You are the light of the world. A city on hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven."

Matthew 5:14-16



You are a bright light shining for Jesus. We should behave in a way which is a good example for others to see.





Get a torch and put it under different objects. Which ones hide the light the most?







Prayer

Get a torch and find a dark spot in your house. You might need to close some curtains. Sit in the dark for a moment and then turn the torch on. As you sit there look at the light coming from the torch and ask God to help you be a light to other people.







Activity

Make a picture of different light sources. Draw yourself in the picture too.



Song



There are lots of songs about shining for Jesus. I love this one by Nick and Becky Drake called City on a Hill -

https://www.youtube.com/watch?v=Cg2We 2iK7og

It has some great actions as well, find these on youtube or make up your own!